

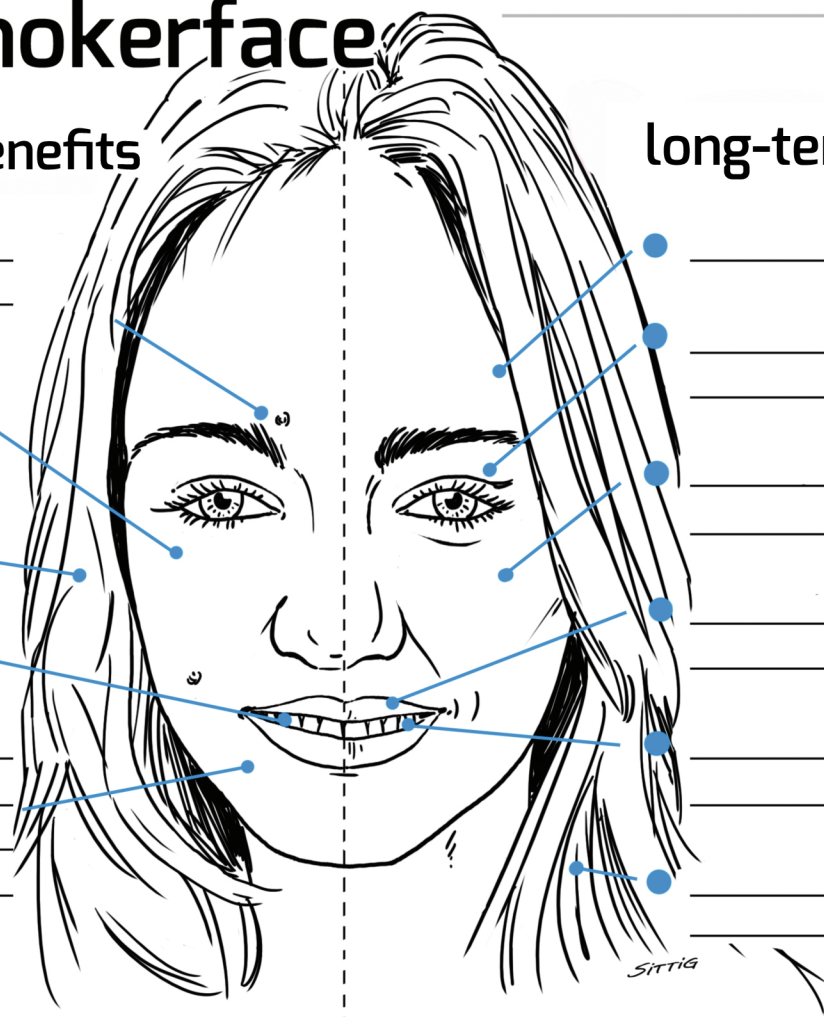
Non-Smokerface

short-term benefits

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

long-term benefits

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____



©Education Against Tobacco

Smokerface

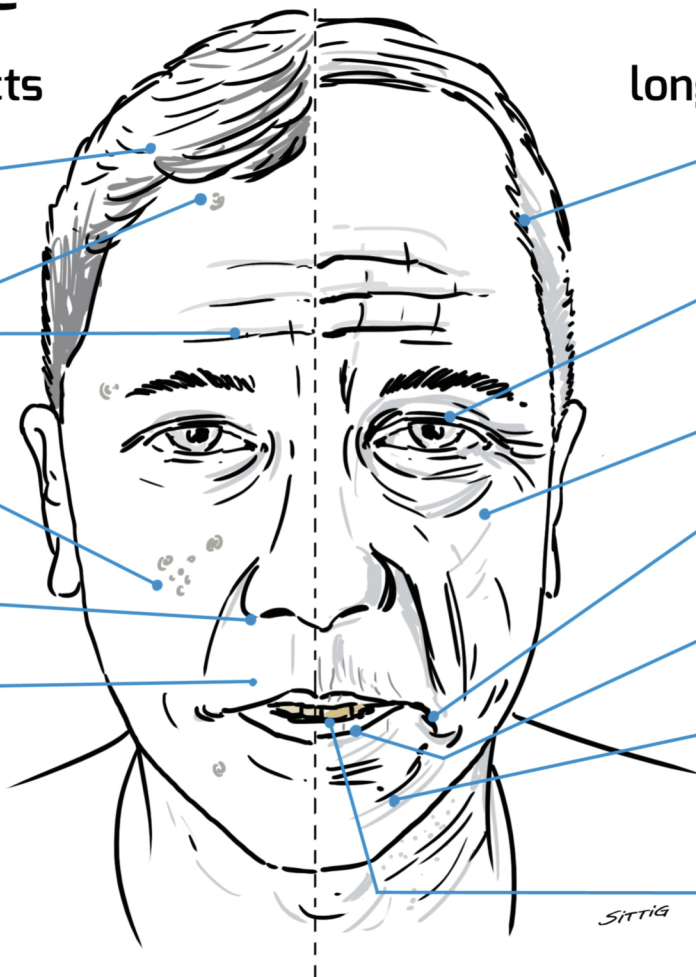
short-term effects

- Brittle hair
- More pimples and blemishes on average
- Higher risk for developing acne
- More pale skin due to worse perfusion
- Yellow teeth (caused by nicotine and tar)



long-term effects

- Smokers usually get faster bald and lose the color of their hair
- Less firm eyelids (tired eyes)
- Sagging cheeks skin causing sagging mouth angles (sad appearance)
- More lip wrinkles and older appearing lip contours
- Five times more wrinkles
- Higher risk for tooth loss



©Education Against Tobacco